



# PROVIDER ALERT

## Optum Partnership with the REACH Institute The Evidence Based Practices (EBP) Series for Children & Adolescents with Serious Emotional Disturbance (SED)

December 8th, 2017

Dear Provider,

Optum Idaho is excited to announce a series of evidence based practice webinars and e-learning modules for children and adolescents with serious emotional disturbance (SED) in partnership with the Resource for Advancing Children Health (REACH) Institute. The CEU based education courses will be offered in a five part webinar series starting in January 2018. They will be conducted by a panel of distinguished REACH National Experts with a focus on: Depression, Anxiety, Trauma, Early Childhood Mental Health, and Disruptive Behavior Disorders.

The foundational trainings will be structured around diagnosis, assessment and treatment, and will be targeted to Master's level clinicians working with children and adolescents with SED. The primary mission of REACH is to ensure that the most effective, scientifically-proven mental health care reaches all children and families. Optum Idaho is partnering with the REACH Institute to offer access to the best, evidence based therapies to improve the mental health of children and adolescents in the State of Idaho.

### Webinar Schedule and Registration

| Learning Topic                              | Age Range   | Presenter   | Date                 | Call Time           |
|---|-------------|---|----------------------|---------------------|
| Depression                                  | 13-18 years | Kevin D. Stark, Ph.D.<br>Lisa Hunter-Romanelli, Ph.D.           | January 10,<br>2018  | 12 p.m. – 1 p.m. MT |
| Anxiety                                     | 13-18 years | Wendy K. Silverman, Ph.D., ABPP<br>Lisa Hunter-Romanelli, Ph.D. | January 24,<br>2018  | 12 p.m. – 1 p.m. MT |
| Trauma                                      | 13-18 years | Christopher M. Layne, Ph.D.<br>Lisa Hunter-Romanelli, Ph.D.     | February 7,<br>2018  | 12 p.m. – 1 p.m. MT |
| Trauma                                      | 6-12 years  | Julie Kaplow, Ph.D, ABPP<br>Lisa Hunter-Romanelli, Ph.D.        | February 14,<br>2018 | 12 p.m. – 1 p.m. MT |
| Early Childhood<br>Mental Health:<br>Trauma | 0-5 years   | Robin H. Gurwitch, Ph.D.<br>Lisa Hunter-Romanelli, Ph.D.        | March 7, 2018        | 12 p.m. – 1 p.m. MT |
| Disruptive<br>Behavior                      | 6-12 years  | John E. Lochman, Ph.D., ABPP<br>Lisa Hunter-Romanelli, Ph.D.    | March 21,<br>2018    | 12 p.m. – 1 p.m. MT |

Please visit the REACH Institute to register for these Webinars with registration links for Optum network providers posted on the second page of this Provider Alert.

If you have questions, please send an email to the Optum Education team at [optum.idaho.education@optum.com](mailto:optum.idaho.education@optum.com).

Thank you.

Optum Idaho Clinical Staff

## Webinar Registration Links

**Depression Webinar on January 10, 2018 presented by Kevin D. Stark, Ph.D.**

[https://zoom.us/webinar/register/WN\\_I\\_UNR3VjSheagZsWsT3Fsw](https://zoom.us/webinar/register/WN_I_UNR3VjSheagZsWsT3Fsw)

**Anxiety Webinar on January 24, 2018 presented by Wendy K. Silverman, Ph.D., ABPP**

[https://zoom.us/webinar/register/WN\\_df\\_Fb84LS5iqfJlChKZO7g](https://zoom.us/webinar/register/WN_df_Fb84LS5iqfJlChKZO7g)

**Adolescent Trauma Webinar on February 7, 2018 presented by Christopher M. Layne, Ph.D.**

[https://zoom.us/webinar/register/WN\\_35Aq3TEOQqSh\\_Xhl2ZZavA](https://zoom.us/webinar/register/WN_35Aq3TEOQqSh_Xhl2ZZavA)

**Childhood Trauma Webinar on February 14, 2018 presented by Julie Kaplow, Ph.D., ABPP**

[https://zoom.us/webinar/register/WN\\_9T\\_UUA5VSqip-RBDqHkf0Q](https://zoom.us/webinar/register/WN_9T_UUA5VSqip-RBDqHkf0Q)

**Early Childhood Trauma Webinar on March 7, 2018 presented Robin Gurwitch, Ph.D.**

[https://zoom.us/webinar/register/WN\\_ViiQZuK6TwqEsyjOKXIkPQ](https://zoom.us/webinar/register/WN_ViiQZuK6TwqEsyjOKXIkPQ)

**Disruptive Behavior Disorders Webinar on March 21, 2018 presented by John E. Lochman, Ph.D., ABPP**

[https://zoom.us/webinar/register/WN\\_ea8S6CWPR\\_Oren7u0F2nCg](https://zoom.us/webinar/register/WN_ea8S6CWPR_Oren7u0F2nCg)